



somerset
carers
part of CCS

Who cares for the Carers? We do.

Support & advice for Carers

Caring for another person is very rewarding, but can be overwhelming and lonely at times.

If you regularly look after someone else - a family member or friend - Somerset Carers can support you with advice and guidance tailored to you.



Advice Line: 0800 31 68 600



Text: 'Carer' to 78070



carers@somersetccc.org.uk



www.somersetcarers.org



CCS
people • place • enterprise

In Partnership with:



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